

COMMANDER'S PROJECT 2017-2018



PROJECT SOX

Project SOX will be a coordinated effort by the Sons of AMVETS in Florida to collect and distribute 10,000 pairs of socks to our Veterans statewide.

WHY SOCKS? The power of socks is unquestionable. The comfort that clean socks offer is one of the best feelings you can experience.

- ✓ Every Veteran can attest to the importance of proper foot care and socks are vital to healthy feet
- ✓ Diabetic socks can help reduce swelling and keep blood from pooling in the foot. It also helps circulation and reduces foot fatigue
- ✓ Cushioned, clean socks can help prevent or slow the formation of painful corns and callouses
- ✓ Clean, dry socks can go a long way in avoiding foot infections & can help protect your feet from hard surfaces or harsh objects on the ground that you may step on.

DIRECT TO VET DISTRIBUTION - Through VA Community Living Centers (CLC's), State Operated Veteran Centers, Private Senior Living Facilities, Community/VSO Stand Down Events, AMVETS Posts

For more details contact:

SOA Department of Florida Commander Mick Ciesla

At mickandlynda@verizon.net

Call or text 813-445-0253

Donations can be mailed to Sons of AMVETS c/o Marv Floer – Finance Officer
4007 Buena Vista Dr Ellenton FL 34222: Please make checks payable to SOA Dept. of Florida
Clean new socks may also be given to a Sons member at any AMVETS Post location.

JOIN THE SONS IN FLORIDA
STEP UP TO HELP US REACH OUR
10,000 PAIR GOAL